

## 708 GENEVA COMMUNITY MENTAL HEALTH BOARD

May 14, 2013

The Geneva Community Mental Health Board met at 7:00 p.m. on Tuesday, May 14, 2013, in the Geneva City Hall Chambers, 109 James Street, Geneva, Illinois 60134.

Present: Chairman John Ford; Members Johnson, Goldstein, Schoedel. Absent: Davidson-Bell. Also present: Mr. Richard Gabriel with Cadence Health BHS Social Work Services; and Recording Secretary Celeste Weilandt.

1. **CALL TO ORDER/ROLL CALL**

Chairman Ford called the Mental Health Board meeting to order at 7:00 p.m. and noted whom was present. A quorum was present with four (4) voting members.

2. **INTRODUCTION OF GUESTS**

Member Johnson introduced guest speaker, Mr. Richard Gabriel with Cadence Health.

3. **AMENDMENTS TO THE AGENDA** - Chairman Ford asked to have Mr. Gabriel speak first prior to Old Business. Members concurred.

4. **OMNIBUS AGENDA ( OMNIBUS VOTE )**

All items listed with an asterisk ( \* ) are considered to be routine by the Mental Health Board and will be enacted by one motion. There will be no separate discussion on these items unless a board member or citizen so requests, in which event the item will be removed from the Omnibus (Consent) Agenda and considered in its normal sequence on the Regular Agenda. **Goldstein moved to approve the Omnibus Agenda, seconded by Schoedel. Motion carried by voice vote of 4-0.**

5. **APPROVAL OF MINUTES**

\*A. Regular Meeting Minutes of April 9, 2013 - Approved by Omnibus Agenda.

6. **OLD BUSINESS**

A. Disability Definitions - Chairman Ford referenced a sheet with the three disability definitions under which this board is charged. While his focus was to have the three definitions formal and definite, he recalled that Phyllis Russell, from ACMHAI, stated the definitions could be adjusted for the needs of the community.

B. Application Ideas - Schoedel reminded members she wanted to have the funding application on line for ease of reading and consistency purposes. She conveyed that City Admin. McKittrick said this could be done by the city.

C. Strategic Plan Ideas - No additions or comments were voiced from the members. Chairman Ford offered to continue to draft a plan from his notes.

7. **NEW BUSINESS**

A. Hospital Speaker (if available) - Chairman Ford introduced Mr. Richard Gabriel, Manager of Behavior Health Services with Cadence Health. Mr. Gabriel discussed the number of in-patient beds available in the Behavior Health Services building (in Winfield) as well as the various out-patient programs, including an adolescent partial-hospitalization program. Mr. Gabriel explained that there will be a partial hospitalization program opening, possibly at the old Delnor Hospital in St. Charles, later this year. However, he was seeking input from the board on whether the program should be for adolescents or adults. Mr. Gabriel spoke about the sharing of data collection between Delnor Hospital and Central DuPage and believed as the programs come together, he will have a better understanding of the people that are being served.

Turning the discussion to Delnor Hospital, Mr. Gabriel indicated that between January 2011 and March 2012, 554 patients were seen in Delnor's ER for either psychiatric or chemical dependency. Approximately 415 of them (43%) were alcohol abuse or chemical dependency patients (adolescents = 12%; adults = 45%); 227 were reported as having suicidal ideations or depression; and 128 patients had other psychiatric issues. Mr. Gabriel pointed out that because of the limited services at the Delnor Campus, the hospital was limited in what it could do for such individuals. Questions regarding Medicaid followed with Mr. Gabriel explaining that various financial scholarships existed for individuals to assist them with the payment of services.

Asked where certain patients were coming from, such as referrals from doctors, social services agencies, etc., Mr. Gabriel stated that 18 students were from Geneva who participated in the adolescent program; many of them being recommended by the school. Tracking the adults, however, was more difficult and, with the merger of Delnor Hospital, there was an increase in patients that otherwise would have gone to Provena Mercy or Linden Oaks. Mr. Gabriel commented that many of the students either had depression or

adjustment disorders, with some abuse of alcohol/marijuana. As to where the gaps in services existed, particularly where the funding was coming from, Chairman Ford recalled that Kane County Public Health Dir. Barb Jeffers saw the need for adolescent services, particularly for prescription medication abuse. Members concurred.

Continuing, Mr. Gabriel mentioned Cadence Health's recently approved expansion for in-patient behavior health services at Central DuPage Hospital in the areas of adolescence, chronic adult, and mood disorder/depression. Details followed.

Turning to the funding that this board provides to its agencies, the overlap of services being seen, and the fact that it appears that hospitals deliver to the insured while the other agencies appear to serve the uninsured, Mr. Gabriel explained that whether patients are directed to hospitalization or not, was independent of funding. It was more for the stabilization of the patient. After the stabilization, Mr. Gabriel explained that the patient then steps down to the next level, followed by the patient following-up with his/her mental health provider. Discussed were the benefits of a patient following up with his or her community agency but also the fact that it becomes costly to those same agencies when there is no follow up by the patient and an appointment goes unused.

As to the services that were most difficult to schedule, Mr. Gabriel stated it was the state's mental health agencies, since the state was pressing private hospitals to work with those patients. If anything, he recommended that the board look at the community's needs and provide structured services for the chronically mentally ill. Mr. Gabriel then proceeded to review the number of patient contacts he had at Central DuPage Hospital, clarifying that some insured patients were turned away because there was no beds for them. Other admission and ER statistics followed. Asked what the community's needs had been in the past, members discussed that the Geneva Mental Health Board funded agencies for mental illness, substance abuse, and developmental disabilities but was also looking for the needs that were not being met. On that note, Mr. Gabriel reminded members that his office could be a resource for statistics. Mr. Gabriel thanked the board for allowing him to speak and asked to contact him with any questions.

- B. Agency Roundtable Ideas - Johnson suggested getting the following agencies together in a roundtable discussion: By funding = 1) AID, Ecker Center and Tri-Cities Family Services; 2) Renz Addiction, Suicide Prevention, Lazarus House and Geneva Community School Dist. 304; 3) Fox Valley Special Rec, Elderday and Fox Valley Hospice; and 4) Tri-City Health Partners, NAMI, CASA, and Haley's Playground. She stated that in addition to funding, members should consider how the agencies interact with each other and how they are similar. Chairman Ford asked Johnson to prepare a motion or a paragraph that outlined two or three objectives for such a meeting for presentation next month. The recording secretary offered to reserve space at the County Government Center. Chairman Ford also offered to look into holding a special meeting.

Schoedel announced that her term expires this month and she would not be seeking reappointment. Chairman Ford and members thanked her for her service on the board.

## 8. OTHER BUSINESS

- \*A. Approve Payment to Recording Secretary for Services - Approved by Omnibus Agenda.

The board discussed who to invite as a speaker for next month's meeting. Suggestions included inviting someone from the police department or from the school district, such as Chick Williams' replacement. Chairman Ford would contact Member Davidson-Bell to follow up on this matter. Ford also commented on the City recently contracting with AID for crisis/victim services.

Johnson reviewed her report on Behavioral Health Utilization Rates pointing out that Geneva's adolescent and geriatric in-patient figures were higher than Kane County's figures as a whole.

## 9. PUBLIC COMMENTS AND MAIL - None

## 10. ADJOURNMENT

The board adjourned at 8:12 p.m. on motion by Schoedel, seconded by Goldstein. Motion carried unanimously by voice vote of 4-0.

Recording Secretary,  
Celeste K. Weilandt